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2022 Chapter Conference
November 6-7, 2022 | Philadelphia, PA

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A S S O C I A T I O N
— MID-ATLANTIC CHAPTER —

PROGRAM of EVENTS



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Welcome!

On behalf of the ALCA-MA Chapter Conference Committee & Board, we're so glad you're here! We hope you will find this conference an invigorating experience. One of the best values of ALCA is the members' willingness to share their tremendous expertise with their colleagues. The ALCA-MA Conference Planning Committee, and Board of Directors with identifying ribbons are available to help with concerns or answer any questions.

Conference Information

Your registration fee includes entrance and CEU credit for all educational sessions. Meal functions including the Opening Reception, Breakfast, Lunch and Coffee Breaks throughout the day are also included. Special thanks to our generous sponsors, all attendees will also receive a tote bag **sponsored by Artis Senior Living**. All of today's events will be held in the Grand Ballroom. Breakfast, Coffee Breaks and the Lunch buffet will be set up in the Ballroom Balcony near the exhibitors.

Special Thank You to Our Speakers | The ALCA-MA Conference Committee would like to thank all of our presenters for the time and energy that have gone into preparing for their presentations. Materials provided by speakers including their short biographies, are available on a Dropbox Link. Check your email for the link.

Continuing Education Information/Evaluation Forms

The Mid-Atlantic Chapter of the Aging Life Care Association has applied for **6 continuing education contact hours for the following:**

- National Academy of Certified Care Managers (NACCM) Care Manager Certified (CMC)
- Social Work*
- Nursing*
- Commission for Case Manager (CCM) Certification*

Uniform certificates of attendance are provided in your registration packet so that attendees may apply for credit in the states in which they are licensed or certified, including the **NACCM CMC** certification.

Please note: All registrants MUST SIGN IN at the Registration Desk and initial the sessions attended on the back of the certificate for your CE certificates to be valid.

***Social Work & Nursing & CCM Certificates will be distributed upon conclusion of the conference.**

Evaluation Forms are included in your registration packet and must be completed and returned at the end of the conference in the appropriately marked boxes in order to receive these certificates. Your comments and suggestions regarding topics and speakers will be especially helpful for future.

Special Thanks to the 2022 Conference Planning Committee

Lisa Grillo and Rebecca Roskey-Brunner, Co-Chairs

Anne Arrington • Bob Bachelor • Heidi Garvis • Margi Helsel-Arnold

Karen Irwin • Kiralie Konde • Heather Suri • Marie Woodward

Pam Carlson, Meeting Planner

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*Data collected by Home Care Pulse, the industry leader in client satisfaction surveys.



2022 ALCA MID-ATLANTIC CONFERENCE SCHEDULE OF EVENTS

SUNDAY | NOVEMBER 6, 2022

4:00 PM – 5:00 PM REGISTRATION DESK OPEN

Grand Ballroom Foyer

5:00 PM – 7:00 PM OPENING RECEPTION

Conservatory/12th Floor



MONDAY | NOVEMBER 7, 2022

7:00 AM REGISTRATION DESK OPEN

Grand Ballroom Foyer

7:00 AM – 7:45 AM CONTINENTAL BREAKFAST IN EXHIBIT HALL

Grand Ballroom Balcony



7:45 AM – 9:30 AM WELCOME REMARKS/OPENING KEYNOTE

Grand Ballroom “Vitality, Ageing and a Life with Dementia” - Eloy Van Hal

Founder Eloy van Hal from The Hogeweyk (aka Dementia Village in the Netherlands) challenges existing thinking based on the experiences of the Hogeweyk and will speak about the paradigm shift needed in care, support and the society for people living with dementia. The emancipation of people living with dementia.



9:30 AM – 10:00 AM COFFEE BREAK WITH EXHIBITORS

Grand Ballroom Balcony





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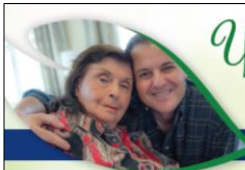


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10:00 AM - 11:15 AM

SESSION 2

Grand Ballroom

“The Future of Healthcare & Supportive Technology” – Bryan Adler, CELA

AgeTech is more than emergency response pendants, and jitterbug cell phones. Innovations in aging related technology are coming at an increasingly rapid pace. More and more entrepreneurs are developing technology specifically designed for aging seniors and money is pouring into these innovations. This session will discuss current AgeTech, and its future – including robotic caregiving, nearly invisible wearables to supplant walkers and assistive devices, and clothing to detect health changes in real time. Participants will learn about the old, new, and future of AgeTech. We will discuss cutting edge technology, its advantages and disadvantages, the concerns related to it (privacy, adoption, cost), and how to address these issues with seniors and their families.



11:30 AM – 1:00 PM

ALCA MID-ATLANTIC CHAPTER BUSINESS MEETING/AWARDS LUNCHEON

Grand Ballroom



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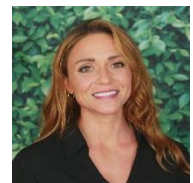
1:00 PM - 2:15 PM

SESSION 3

Grand Ballroom

“Food as Medicine” – Kate Henry, ND

What do we really mean when say “food-as-medicine”? In this presentation, Director of Functional Medicine at Sanare Today, LLC, Dr. Kate will go beyond general nutrition advice and delve into the key pillars of biochemistry that promote resilience and improve disorders commonly associated with aging.



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2:15 PM – 2:45 PM

COFFEE BREAK WITH EXHIBITORS

Grand Ballroom Balcony



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A Gathering of Minds

2:45 PM - 3:45 PM

SESSION 4

Grand Ballroom

“Rolling Out a Rainbow Welcome: Understanding Issues Facing LGBT Older Adults” - Terri Clark

While older lesbian, gay, bisexual, and transgender (LGBT) adults confront many of the same issues when it comes to aging, the reality for LGBT people can be drastically different from their non-LGBT peers. “Rolling Out a Rainbow Welcome” provides an overview of the unique needs and experiences of LGBT older adults so that service providers, advocates, and the aging network can consider these factors when serving this population. LGBT older adults have experienced lifetimes of discrimination and mistreatment, contributing to an array of social, financial, emotional, and physical health needs. LGBT seniors aging without familial support networks are more likely to have to rely on the aging network for care, yet too often these systems of care are unprepared to serve the unique and complex needs of LGBT older adults. In this session conference participants will learn how to address the disparities through best practices that are grounded in cultural awareness, humility, and responsiveness.



3:45 PM – 4:00 PM

COFFEE BREAK WITH EXHIBITORS

Grand Ballroom Balcony



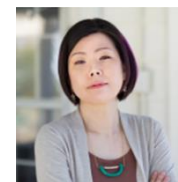
4:00 PM - 5:00 PM

SESSION 5

Grand Ballroom

**“Art Therapy with Older Adults: Creativity as a Healing Tool”
- Miki Nishida Goerd, LCSW, LCSW-C, ATR-BC**

The presentation will describe how art therapy and creativity can effectively support older adults when they experience mental health symptoms, aging processes, cognitive impairment, grief and loss, and the end-of-life issues. The presentation will include a brief hands-on exercise to enhance the participants’ understanding over how creativity promotes healing through self-expression.



Special thanks to our ToteBag & Exhibitor Passport Sponsors



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